inside health

Immune Boosting Protocols for Cold and Flu Season

For Adults: (ages 10-15 use half)

- Immuplex - 2 per day
- Antronex - 6 per day
- Cataplex D - 2 per day
- Calcium Lactate - 2 per day
- Zinc Chelate - 2 per day

For Kids: (ages 2-6 use half)

- Chewable Congaplex – 4 per day
- Chewable Catalyn – 4 per day
- Chewable Tuna Omega 3 – 4 per day
- Antronex – 4 per day (crush and mix into applesauce)

*** Take half in the morning and half in the evening for maximal absorption.***

Strengthen your body's natural defenses with the best whole-food supplements on the market.

To order: https://insidehealth.standardprocess.com/products